

School: _____

Student's name: _____

Course: 5th YEAR A

Date: September 19, 2024

Teacher: Miss María Gabriela Lara



INTEGRATION ACTIVITY

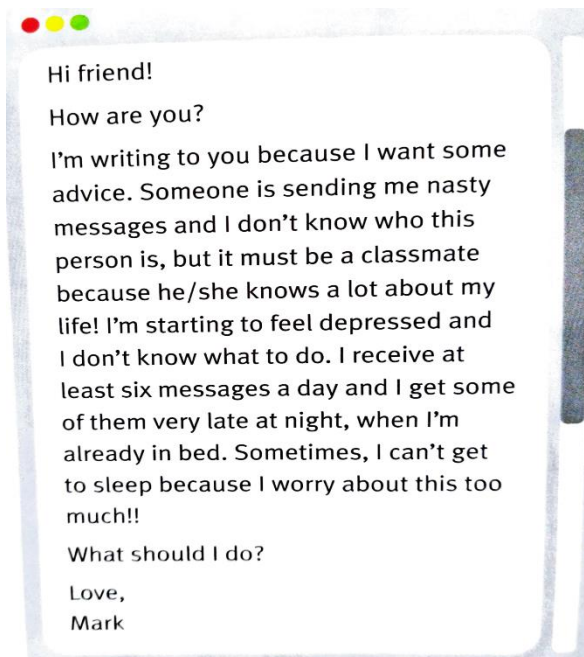
1) Complete the text with the words from the box.

<i>social</i>	<i>bullies</i>	<i>healthy</i>	<i>discuss</i>	<i>try</i>	<i>shouldn't</i>	<i>health</i>
<i>help</i>	<i>never</i>	<i>relationships</i>	<i>replace</i>	<i>regularly</i>		

Your (1) is very important. You should exercise (2)..... and eat a (3)diet to feel good. If you are a vegetarian, make sure you eat food with protein to (4)the lack of meat. If you don't like going to the gym, (5)new sports until you find the one you like.

Managing your stress is as essential as being fit. You (6)get stressed about exams and you should (7) your worries with your family or friends. Remember (8)are of key importance for humans because we are (9)beings. So ask for (10) when you are in trouble and (11)bully other people. Telling someone malicious comments to feel superior is, in fact, a signal of lack of confidence and sympathy. If someone ever (12) you or your friends, take action. Silence is never a good idea.

2) Write a reply to this e-mail giving advice. Use should/ shouldn't.



Dear Mark,

.....
.....

3) Answer about you.



Have you ever been bullied? What did you do?
How do you try to solve your differences with your friends or classmates?
When you are in trouble or something worries you.... What do you do to make you feel better?