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CON DOMINGO, SOMOS PEREGRINOS DE ESPERANZA

LENGUA EXTRANJERA: INGLÉS 6ºB - 2025

Hello!

You have to work on your booklet, page 26 and 27.

Remember, you have the pdf in Nodos.

READING COMPREHENSION

The Role of Psychology in Understanding Human Behavior

Psychology, the scientific study of behavior and mental processes, plays an essential role in understanding human actions, thoughts, and emotions. It covers a broad range of topics, such as perception, memory, and decision-making. Cognitive psychology focuses on how we process information, learn, and remember things.

Another important field is clinical psychology, which deals with mental health issues like anxiety, depression, and stress. Psychologists use different techniques, including therapy and medication, to treat people with mental health disorders. Social psychology is also crucial in understanding how individuals behave in groups and how social influences affect their actions.



Furthermore, psychology addresses the question of nature versus nurture, which looks at the balance between genetic influences and environmental factors in shaping behavior. Psychologists aim to use their research to help improve mental health and enhance social interactions among individuals and communities.

In conclusion, psychology helps us better understand ourselves and others, offering insights into human behavior and offering solutions for mental health challenges.

Activities:

1. Read the text and answer:

- What is the primary role of psychology in human behavior?
- What are the key topics studied in cognitive psychology?
- What mental health issues are addressed by clinical psychology?
- What does the nature versus nurture debate explore?

2. True or False:

- A. Cognitive psychology focuses on how we process information. _____
- B. Social psychology deals with mental health disorders. _____
- C. The nature versus nurture debate only considers environmental factors. _____
- D. Psychologists use therapy and medication to help treat mental health issues. _____

3. Choose a sentence from the text and classify the grammatical categories:

"Psychology plays an essential role in understanding human actions, thoughts, and emotions."

4. Translate:

- A. Psychologists use different techniques, including therapy and medication, to treat people with mental health disorders.*

- B. *Psychology helps us better understand ourselves and others, offering insights into human behavior.*

5. Identify 6 transparent words and write their meanings

We will check it in the next class.

Bye!

See You
Soon